

Building Bridges Project

The Sobriety Project is one of the partners in Building Bridges, which is part funded by Big Lottery under the Healthy Living Centres initiative. The network of linked projects collectively addresses issues of rural isolation, social exclusion and education, which impact negatively on the health of people living in Goole and Howdenshire.

WHAT ACTIVITIES ARE AVAILABLE?

- ◆ Residential trips on board *Sobriety*
- ◆ Days out for carers and care home residents
- ◆ Using the Museum as a reminiscence experience to include outreach work
- ◆ Craft classes every week
- ◆ Use of nature trail and group participation in its development as a community resource
- ◆ Group visits to Centre at the Waterways Museum which can include Dock Trips and Museum visits
- ◆ Participation in our *friends and volunteers* scheme
- ◆ Café open for refreshments with canal side seating in summer months. This enables relaxation for those that enjoy spending an afternoon out.

WHO CAN COME?

Any person or group from the Goole and Howdenshire area
Please telephone Clare Hunt or Sue Eastwood if you would like any further details.

WHERE DO WE GO AND HOW DO WE GET THERE ?

All the activities that are undertaken by the Sobriety Project, take place at the Waterways Museum in Goole.

As this is at the end of the Dutch Riverside, it is not easy to use public transport. We do have a minibus that collects students and beneficiaries from the centre of Goole. Groups are sometimes able to use this service when visiting the Museum if it is available. Advance booking essential.

Please ask for further details about our transport arrangements.

HOW DO I REGISTER?

Telephone the Waterways Museum on 01405 768730
Clare Hunt or Sue Eastwood will be able to assist you with your enquiries. Everybody will be made very welcome if they would like to come and have a look at what is on offer.

OTHER PARTNERS IN BUILDING BRIDGES

- ◆ The Hinge Day Centre
- ◆ Citizens Advice Bureau
- ◆ Community Focus- Rural Youth Initiative
- ◆ Moorlands Community Café – Old Goole